

# How do Kayakalpa Yoga and Nada Yoga work?

## Technical file

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Kayakalpa yoga and Nada Yoga have been practiced for several thousand years and the knowledge has been passed down to disciples orally. These ancient technologies are focused on the development of the human brain, which is responsible for producing appropriate microbes for the overall development of the body and mind. This is achieved through the manipulation and harnessing of intangible elements such as air, smells, temperature, light, vibrations, and sound frequencies. These elements have a profound impact on our physical and mental well-being, and through the practice of Kayakalpa yoga and Nada Yoga, individuals can observe and control them to achieve optimal health. This knowledge has been passed down through generations, demonstrating its effectiveness over time. By understanding and harnessing the power of these intangible elements, individuals can achieve a state of balance and harmony within their bodies, leading to a healthier and more fulfilling life. The ancient practice of Kayakalpa yoga and Nada Yoga continues to be relevant in modern times, offering a holistic approach to physical and mental well-being through the understanding and manipulation of intangible elements.

1. This online yoga therapy works by utilizing specific actions that target the human brain. The brain continuously produces different mandatory microbes based on available situations. These microbes are then supplied to the body in liquid form, with an average of 30 ml per day. As these microbes spread throughout the body, they can be categorized according to the specific needs of the brain and body. By doing so, the existing microbes can be bypassed and replaced with new ones, resulting in a change in the blood, muscles, and structure of the body. In just one day, the body begins its transformation towards a more youthful state, and within 21 days, this process is completed, thanks to the online Kayakalpa yoga program. The program also includes the creation of a required and mandatory sound file that is sent to the patient via email as an attachment. Each purpose has its own specific sound frequency that is applied, with most of them being inaudible to the human ear. This unique approach helps to replace the body's condition with the desired outcome, allowing for a holistic transformation through yoga therapy.

2. The second action in this process is also achieved through the use of sound. The vibrations of sound can harvest stem cells in the body and reproduce new cells that are needed in the brain. This process involves the formation of new cells in the damaged areas, which continues for up to two complete cell cycles. In cases of brain stroke or cancer, the damaged cells are replaced by newly formed cells, resulting in a complete and positive outcome. Upon completion of this cell harvesting and formation, a reversal of youthfulness and aging can be seen in the body of every patient. This incredible technique

of using sound vibrations to create and transform anything is mastered by Guru Yogi Mohan, making him a pioneer in this field. His expertise lies in creating new sound frequencies that bring about positive changes in the body, leading to overall well-being and rejuvenation. Through the power of sound, Guru Yogi Mohan has unlocked a revolutionary method for healing and restoring balance in the body.

3. The third part of this online healing program is observation, which explores the concept of the observer effect in various fields such as physics, psychology, computer programming, and computing. This effect is known to bring about changes in both physiological and mental states. Guru Yogi Mohan, with his special abilities, acts as an observer to human bodies, living organisms, and nature itself. His observation allows him to have control over any human body condition without limitations. He even possesses the ability to influence the climate through his observation. With his keen observation skills, Guru Yogi Mohan brings about healing and transformation in individuals, helping them achieve a state of balance and well-being.

The observer effect, also known as the Hawthorne effect, refers to the phenomenon in which the behaviour or performance of individuals is altered when they are aware that they are being observed. This effect has been studied extensively in various fields such as psychology, philosophy, physics, and computing. In psychology, the observer effect can impact the results of experiments as individuals may change their behaviour due to the awareness of being observed. Similarly, in philosophy, the presence of an observer can change the outcome of a philosophical argument as individuals may alter their responses to appear more favorable. In physics, the observer effect is demonstrated in the famous double-slit experiment where the act of observing a subatomic particle changes its behavior. In computing, the observer effect can influence user behaviour and decision-making when they are aware of being monitored. Overall, the observer effect has significant implications in various areas and must be considered when conducting research or analysing human behavior.

The Kayakalpa Yoga online program offers a variety of miscellaneous actions to enhance overall well-being. One such action is the management of individual human pheromones, which play a crucial role in attracting and influencing others. The program also focuses on estimating aesthetics and how they may change as the brain and body develop. This includes changes in muscle tone, hair texture and colour, and teeth organization. Additionally, the program offers muscular corrections, hormone balancing, and other practices that are part of Kayakalpa and Nada Yoga. It is worth mentioning that the program extends its services to direct patients as well. Moreover, they guarantee recovery for all patients, regardless of their rare disease category, without making any excuses. This highlights the dedication and effectiveness of the program in providing holistic healing to individuals. By addressing various aspects such as aesthetics, hormones, and muscles, the Kayakalpa Yoga online program aims to achieve an overall transformation for its patients.

And finally, we are excited to announce that we are currently in the process of redesigning the bodies of individuals who are seeking a change in their appearance and aesthetics. Our experienced team is also able to address deformities and disabilities, providing a comprehensive solution to our clients. What's even more impressive is that all of this can be achieved in just a few short weeks, with a maximum timeframe of 8 weeks. This revolutionary technique has been in practice since 1985 by our

guru, Yogi Mohan, and has now been made more convenient through our online and digital platforms. This allows us to reach individuals across the globe and provide them with the transformation they desire. We are grateful for the opportunity to help others improve their self-confidence and overall well-being through our services. Thank you for considering us for your body redesign journey.

Drop an email if you have any questions. Let us change this world to worry-free.

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